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From the Editor's desk



Amasan simtu te cheng ngaihnat na CHIBAI kahun buk hi. Hunsawt tak apat a i na buoipih uh leh I na ngak lah mah mah mai uh Bi-Lingual Monthly Magazine in Gangte & English "HUIHCHIM" mel muh theih a a um tak ziek in Lopi na Lalpa chang ta hen.

Zie tawbang a thil hawih leh thil pha I neih dawk theih uhih kipah um akisa mah mah a, HUIHCHIM hung suok dawk theih na ding a Kalbi ei na suotsak a pan ei na laksak te chung a kipah thu I Phuong ua, i tawm ngaih na teu leh i kiphal na teu hih kipah a um a kisa tak zet hi. Zie I Magazine uh HUIHCHIM hin Nam dam na, ki tuok na, ki ngaih nat na leh ki pum khat zawk sem na ahun tun ding I dei sak ui. Mimal kuo hitaleh suoh nuom nei te a ding in kawt hawn zing ahi. I magazine khantouh le khantouh loh hih kuomah dang khut a ki ngapuoh a, nang leh kei khut a kinga ahi tih hih hezing kawm in I magazine a ding in pan nasatak a la chiet ding in a vel in iki chiel ui.

A tawp na ding in, zie I magazine sung ua thu(article) hung ki suoh cheng hih Editor ngaihdan ahi vek khel puoha. A zik tute mawhpuokna ahi.

Lalpa'n I magazine uh mapuih zing ta hen.

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2. Pu Loon Gangte (New Delhi)
3. Pu Dicky K Gangte (Shillong)
4. Pu Lalkawl and Family (Bhopal)
5. Dr Gin Gangte (Manipur)
6. Pu Jesse Gangte (Manipur)
7. Pu PCL Thuom (Manipur)
8. Pu S Lawrence Thangjom (Manipur)
9. Tv Sylvan Gangte (Manipur)
10. Pu Kiemlo Gangte (Manipur)
11. Nk Kikim Gangte (Manipur)
12. Nk T Jejem (Manipur)
13. Nk Jenny Gangte (Chennai)
14. Nu Boisy Gangte (Manipur)
15. Nk Cindy Choi Gangte (Shillong)
16. Nk Biekmaui Gangte (Shillong)
17. Tv Sanglien Gangte (Calcutta)
18. Unau Isreal te (c/o Liel Gangte)
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Owned & Published by

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To,

HUIHCHIM TEAM,

Its gives us immense pride and pleasure to know that we have in our midst the 1st Bi-lingual magazine (Gangte&English). In today's busy world, where most of our friends and family are spread across the globe due to work, studies and other day-to-day related activities-it becomes important that we have a medium where We can read about and relate back to the various developments in our society be it current affairs, humour, Classifieds, Job alerts etc, more importantly one (Magazine) which we can call *our own*, written in the way and language that we understand.

Kudos to all the editorial teams and members across the country who have selflessly devoted their precious time and energy in making it possible for such a unique magazine "Ganggam Today" to see the light of day in such a short period of time.

We pray and hope that "HUIHCHIM" will play a pivotal role in bringing together our students and families on a common platform in better understanding our language, society and way of life. All the very best to HUIHCHIM.

Your ardent fan,

Laldikfel .K.Gangte (Dicky)

Bangchan tung dinga panla nahim?

Amasan Pathien min Loupina chang hen:

Kei hun gen nawp pen chuh ahih leh, students thu ahi. Gamdang mundanga lehkhasim hawhih, Nu le Pa, loi le guol ten thapi (moon) tobanga hun na kien ahi, na chitnau na thepnau vang nang ua ding ahi, namin uh aphant chun nampumpi, suminpha nahiu a, na min uh asiet chun nam minsie te kihiding ahi, mohpuokna lien tak nei nahiu hi. Mei (cloud) laka tha hung suok dok a vak sing seng kal ngaklah bang in, bangtik leh Exam na sangtak nei in, nahung potding um tih hih, kahun thil zing ui. Mitawm nam neu te ihu a, musit umte ihi nalai ui, adiekin UPSC hih thei chiet ding in kahun deihsak, mah mah hi, competition san dung zui in kisuhat thak hitting

un,pan lathak hitiu aw. * A bang hih ding inle Pathien hihamasapen in kawih chiet phawt hi tiu, College kai ten le class lak man Lalpa kawm ah pauchap nanei in Knowledge hi Lalpa apat ahia, zie ban achun i gun chuh nau apoimawh ahi. UPSC result hi en masa pawl khat kana hisek a, Gangte kamuh louh phatleh thomhauh um kasa thei mah mah mai hi, Gangte pasal cheng cheng hih UPSC, exam vek thei ding in kisaleng un banga akhokna um! Chuleh mun danga um kahi tin standart sang haw khuh lohtitna mun kahe pawl, nu le pa hezing adinmun hete Lalpa kihchate, haw khuh lawhtitna chang deuh in kahei. Tulai in facebook athang mah mah a ipmoh hiel hiel in i mek sek ua, aphai, zie hile i lampi ding eihilh tu khat ahi, zan kho a facebook khoih te leh khoihlou te result hung kikhen ding ahi. Lawhtitna deihtak tak ten chuh facebook adin hun mangtam din kagingcha puoi..

** Aksi laka tha vak sing seng nuoi a kavak gel phat leh Gangte nu le pa te tawh Students ho'n kavak gel sekin nahun lawhtit ua nu lepa lawi le pai te laka na hung vak singseng ding dan un kavak kawih sek hi**. I umnau chiet ah Pathien hezing kawm in pang khawn chiet hi tiu. Kakipak hi..

Joy Gangte, Chiengkawnpang, Churachandpur

Gangte pau ngeia magazine simtheih umding tih kahet in kakipak takzet hi. Longlive 'HUIHCHIM' Team.



A human being is not attaining his full heights until he is educated.
- Horace Mann



All India Topper CBSE

Class XII from Manipur village

Mohammad Ismat lives in a small Manipur village that gets two to four hours of electricity a day. So he had to plan his eight hours of study. For he had a dream and he realised it. Mohammad has topped the CBSE class 12 board exams, all-India, with a score of 495 out of 500.



When Mohammad Ismat's best friend called up to tell him he had topped the school, Ismat was not surprised. The bigger surprise came when he found out that he had topped the CBSE Class 12 exam in the country. As the results were declared today, 20-year-old Ismat from Lilong, 16 km from Imphal — whose family of eight survives on less than Rs 30,000 a year — led the list with an aggregate score of 99 per cent in the Science stream. He scored full marks in maths, chemistry, painting and his additional subject, home science, 98 per cent in English and 97 per cent in physics. In Class 10, Ismat had ranked second in Manipur with 92.4 per cent. Ismat didn't take any tutorials, nor had any reference books. He studied at home and relied on teachers at his school, Zenith Academy, Sangaiprou. "The director of my school let me study for free," said Ismat. His father, a primary school teacher, earns around Rs 2,000 a month. Ismat is the youngest of seven. An elated Moulana Bashir-ur-Rahman said Ismat had always done him proud. Apart from poor educational facilities in the village, power supply is also erratic. "We get power for two-three hours a day," he said. Islam hopes to get into St Stephen's College in Delhi. Eventually, however, his aim is to clear the UPSC examination. "I want to become a public servant."

MBSE Class X & XII Topper 2012

ARTS TOPPER CI XII 2012



LAISHRAM KIYAMBA MEETEI
ENLIGHTEN KNOWLEDGE HR. SEC.
SCHOOL, SANGAKPHAM.
S/O LAISHRAM ONGBI SANATOMBI LEIMA
LAISHRAM INGO MEETEI
KEIRAK TOMAL MAKHONG

SCIENCE TOPPER CI XII 2012



ATHOKPAM LANGLEN CHANU
HUMAN RESOURCE DEVELOPMENT
ACADEMY, GHARI.
D/O A. (O) ANITA

CLASS X TOPPER



Chandam Achouba Singh,
S/O Ch. Tomba Singh & Ch.
Sumati Devi,
Utlou Lairam Leikai, P.O.
Nambol



ESSAY WRITING

Q. What is an Essay?

- An essay is a continuous piece of composition written on a given subject and it consists of several paragraphs each having a bearing on the subject in hand and nothing irrelevant or out of the way is added. As a matter of fact it is an original piece of composition which is intended to test the expression of ideas of the writer produced in a suitable style.

Just as words properly arranged make a sentence, and sentences properly arranged and having a bearing on the given subject make a paragraph; similarly, a number of well arranged paragraphs make an essay. The subject can be treated in different ways but the unity of the subject has got to be maintained throughout.

THE FOUR STAGES IN ESSAY-WRITING

It is most important that essay should be written strictly according to rules. There are four stages in essay writing :

(a) Think about the subject, and take down on paper all the facts and ideas that occur to you.

(b) Arrange these facts according to the topic, and in this way, try to construct outline for the composition.

(c) Write the essay clearly.

(d) Revise what you have written.

- The title is usually given. Produce the material carefully. You should be in a position to have a number of good ideas or thoughts on the subject given.

- When the facts have been arranged, it will be observed that they are grouped together.

- Suppose there are five heads. Each of these heads will form a paragraph and the essay will contain five paragraphs in all. The rules of framing paragraph structure must be strictly followed.

- It must be observed that a due proportion is maintained in the length of the paragraphs.

STRUCTURE OF THE ESSAY

- An essay is generally divided into three parts :

1. The Introduction - In a short essay, an introduction should be very brief. It strikes the key-note of the essay and tells the reader what to expect. It generally consists of a very short paragraph. But it should always be very interesting. *Remember : Well-begun is half done.*

2. The Body - This is the main part of the essay. In an essay of about 300 words, the body should be of 200 words. It consists of the facts, illustrations and reflections of the writer on the given topic. The outline of the essay is followed in it. The paragraphs should be well constructed. This is the main part of the essay, and its subject must be developed at this.

3. The Conclusion - The ending, like the beginning, should be short and striking. It should be as natural as possible. An essay should not end abruptly. A simple sentence, expressed properly, makes a good ending. A brief summary of the arguments of the statements therein may conclude an essay. "The last sentence, above all, should be pleasing both to the mind and to the ears."

CLASSIFICATION OF THE ESSAY

1. Descriptive Essays
2. Narrative Essays
3. Reflective Essays
4. Imaginative Essays
5. Argumentative Essays

- *Ronaldmuon Gangte,*
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JUNIOR RESEARCH MUTHAK:
Ng. Carolyn Niengneihmoi
d/o Khaitinlal of
Chiengkawn IB Veng in NET
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RESEARCH FELLOWSHIP
(JRF) amuh ziekin i
kipahpih takzet ui. Maban
ale ahung lawhtit toh zel i
deihsak ahi

SSC Exam:

CDSU in government kienga ngetna a bawl uh, Thangso baite MP Outer Manipur in a bawhzui Churachandpur ngeia SSC Exam Centre neih ding ti a ana nget uchuh lawhting taka muh ahi tai.

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>Centre Code: 5502

*Exam on Oct.21 & 28.

Details at <http://ssc.nic.in/>



LUNGSJET UM VAPHUOL TE NUPA'N

~Raymond Gouminlun Gangte

Pathien thilsiem gancha lak a , Vaphuol kiti Vacha hih eihaw gama vacha umte lak a lien pen lawi hiding a ginchak ahi. Amuk vanghih vacha cheng cheng lak a muk lienpen leh hawih pen tia het ana hi. A pi muk sang in a Chal muk chuh a lien zaw a asan vel vul mai hi. A mul haw chuh a vawm a, a thamul kim khat chuh a vam hi, a len tieng leh etnawp um mah mah le kilawm tak mai ahi. Vaphuol kiti hih Gammang thing le guo leh thei tam na lak a acheng deuh pen hi.

Vaphuol kiti hih vacha kiti cheng lak a ki lungsiet leh ki tuok tak mai ahiu ui. Mahle tulai hih ei thingtang lam zieng a le a um louh na mun a tam tai, muh ding le a vang ten tai, bangmah dang ziek hilo in sakap thiem ten a kap ziek uh ana hi. Vaphuol moupui tieng a hawn in ahung lengkhawm sek ui . Khawbawm Tang a Vaphuol ten Kaihlam Tang a Vaphuol te Zi'a a neih tieng uh leh akipui sek ui. A tha zap git uh hih guntak a l Ngaihthak chun, Gimawi tak leh kituok tak mai ahi. Pu Lama (L) in Vaphuol Tha zap git hih nalh leh mawi a sak bek ziek in a git a pat Van Lapawl lopi tak mai hi a na phuok lawh hiel ana hi.

Vaphuol hin tui a thak tieng leh Thinghawm ah Bu a siem sek ua zie chun Tui a tha sek hi ; a awp tieng leh a Chalin thing hawm lei tawh thingnai kihel in a hukbinga, a muk zum lam dawl ding phet a hih vanga zie chun an apie sek hi. A awp sung leh a No keu nung inle a len theih masang cheng chuh a Chal in a vakzing mai hi. A thikthu le a sie mah mah mai ui ; A chal in Ann a hawl kal in Vaphuol Chal dang in An ana piek a ana nek khak a ahih chun , a Chal chun a gima patin a hun he a, a thangtawm ziek in an a ngawlhsak a a thih lawh tawp mai ui. Tawbang chun a Chal chu le An a hawl na lam a Vaphuol nu dang tawh ana chut khawp khak chun , a pi chu a chal in an a piek tieng a muk a agim in ahun he dawk sek, An chuh a neksak nuom tapuo a, thih chan in an a ngawl mai hi.

Vacha dang vang akhuti puo ui. Vaphuol te nupan vang nupan kituok tak le ki lungsiet tak ahih ziek un, a hindan u le lamdang taka ahi.

Sakap thiem khat in hiti hin a gen hi, “khatvei chu ka gam vak na viela thing bak lien tak laka hin Vaphuol pi a chua, a Chal chu ka et viel lele ka mu puoi. Amah mai cha ahih ziek chun ka kap that a a, a kiek ma chun hah pen in a peng dawka, zie phet chun a chal chuh thingbaw lak a patin a hung leng dawk a, a pi thiding kuon chuh theih tawp in ahung panpih a, mahle a lenpih thei tapuoi ,tuola chun a kie tai. A kiek thak nung chun le achal chun a zuon suk kit a. A pi thisan le mul chuh a muk in ahun pet a, a chung zawn a thing bak khat a chun chu a. A pi etsuk kawm in hah kah in akap hi, a tha le amei haw chuh thing in a pei viel a. Kei chun la thinglieh a pat chun ka entha zing a. Thilthienglo bawl kahi ta hi uo tin kaki gel mai a, ka um le a nuom thei ta puoi” atii.



BUNGLEK A VACHA KIHO KHAWM TE -T Zolien Gangte

“Thing chikhat Bungthing kiti hih masanglai a thitha haw chennnuomna anahet uh ahi. Alau thei uh a, gimthei taka ana hetuh laka khat ahi. Zie thusim hi guollui thusim a ana um ahi”.

Masanglai chun Bunglek ah ganhing tha-neia lengthei kiti cheng cheng leh nuoia vak ganhing haw akihokhawm(meeting) uh a, Khawthim ding dan leh khawvak ding dan (sun leh zan) di thu a genkhawm ui. Vakulh chu meeting chairman ding in muktuidum leh muktuisan, muktuidum leh muktui-eng in azem ua. Meeting chu ahun pan tau ui. Vakulh chun ngaihdan ahun dawlkhawma Vaphuol kawm a “Vaphuol, khuo hih bangti’n thim henla, bangti’n vak leh pha nasa ? ” tia a dawt leh Vaphuol chu akingaihtuoh veng veng atawp in, “ Ka ngaihdan in khuo hihvak leh vakbuk henla, athim leh thumbiuk hen” ati a. Lengpa’n Vaphuol ngaihdan chu le a pha mahmah a Vakieng inle ngaihdan hun gen hen atihleh Vakieng in “ Gen ding chum le ka hepuoi athim leh thimbuk henla, a vak leh vakbuk hen kiti chule pha kasa zieng hi” atia. Khutichun ngaihdan tampi vacha chuom chuom apat ngaihthak ngaihthak ahihning inle pitingtak apiengdaw thei zieng tapuoi. Atawp in Vakulh in “Khua hih a thim a thimbuk a, avak leh awl awl in vak henla, athim leh awl awlin thim hen” ati tai.

Meeting Chairman thupukna chu vacha hon, sazu hon in pha as amah mah zieng uh a, alak uh a vaihawm ding (aleng ing un) pha asa tau ui. “Vakulh sap akai tai” ti’n Saihajang phel in dawmthai tiu” akitiua asawmtha tau ui. Mahleh Vakieng hi leng dinga ana kinem mah mah mai, a chanzawhloh alungawi ta puo a, anuok ta a. Vakulh in Vakieng sam ding in Kipi asawl a, Kipi’n ava sapleh Vakieng along ana a , heicha apana Kipi chu a tuk leh amukzum cheng cheng a tukthak saka, kipi chun ana sawisawk dan chuh lengpa kieng ah a lawt(gen)a “ Ei hiti bawl phet hi” atia;



Lengpa’n le “akhutihleh hitheipuona, Theihche, nang chieh inla vasampha kit ah” ti’n a sawl kit tai. Theihche le akipana, a vasap leh Vakieng chun “Nang, Theihche mukzum pit pet “ tin a muk ana heksak a ahatu khat a hehbal saka, ahung kileh kit tai. Gitcha a sawlkit uleh, “Nang Gitcha peingpeng poh in nei hung sap, nag awl ka heh deh” atia vak heksak leh alawppuok(gawl) a tukkhuk lam ah aum zieng hi. Muoknuom ahihleh tia samkit talo a aum phet uchun Vakieng chule saploh in akilehkit khong hi. Vakuol in Vakieng alungna bek in kei

kizawnthak zawhtieng leh amahle zawnthai tingun, ka siehmang in pansak hitiu” atia, tichun Vakieng chule Bunglek a pan chun Saihajang in a zawnthai tau ui. Ze zawh chun Vakieng chule a zawnthai kit tau a. Lengthak dinga teldawk Vakulh in vai ahawm pan tai. “Chunga leng vacha haw leh a nuoia vak ganhing cheng in lui lampi

theiling , tuikhuk siemphat ding” atih leh Lawnghawl (vacha) leh Thankik(nuoia vak ganhing) in “ Kei hungtel dah ingka, luia tuidawn ing ka” a ti gel gel ua Vakulh in “Tuikhuk a tui na nekni niu na thihniu” atih sak tai. Zie Ziek chun tui chan hin Lawnghawl leh Thankik in luia tui hi adawn ngam puou ui akitii.

Lengpa’n “ Chunga leng ganhing cheng in tanglampi sat ding” ati kita zie thu ahin Bieng leh Valup in “Kei sazu kahia, nuoia vak gancha ka hi, kei telthei puongka” atiu a, Lengpa’n “Nuoia vak cheng inle tanglam sat ding atileh Bieng leh Valup in “Kei vacha kahi, chungu leng ka hi, tha (wings) ka neia kei ka tel puoi” ati kit zel ua a awng viel viel tau hi. ■

GANGGAM TODAY

T3 - Tuma, Tuni, Tunung



Vak en tie Ganggam:- Aw Ganggam, aw kangaih Ganggam ... peh bang kimna Anpak lamphei kha, adai zotai, lobang achultai ...mahleh chulbuk Zojam pak bang in hunglun kit-in, zo dawn sangthing saheipak hoihi! tin Pu **Paulal Thangjom** in Ganggam chuh thasie takleh ngaina tak in zaila'n ana awi hi. Chun Pu **NG. Saknoong** in Ganggam chu, **gammang a sharon** pak hoihi guol khawp a hoihi leh deihum ahih dan ana gen ban ah hiti hinle ana chawimawi hi - Napak hoihi leh gimlim in kawlkim vel cheng azel suok, Chunglengva leh gamsate'n na tha-kiek a en ngam puou, tun lobang chul tamah leh chin, khan no guol zatam sing ah lawi bang na thang in, ni bang navak zing hi ana ti.

La phuok thiemten zie tienga ana gen minthang uh Ganggam chuh mawltak a ka ngaih dan in (Khul or Shinlung or Cave) apat I pawt dawk ua I chen na gam uh; Lekchawng, Thangdeng, Zangpi, Zang cham Laitui,

Khakzang, Anpak Village vel leh ... tu a I um nau Mizoram, Manipur, Nagaland leh Assam vel haw hi Ganggam kiti chuh hidi'n kagingchai. (**Gangte vawkpi dawila leh Gangte khawchuk haw apat*).

Abang hileh Ganggam hi khenkhat in pakcha hoihi mahmah Sharon pak ahim, Sahei pak ahim, Zojam pak ahim tawbang hiel a hoihi in ana gen ui, Khenkhat chun a thienlimna leh a gimlimna lampang agen ui. Ganggam chu hoihna leh, gimlimna leh mawina mai nei hilo in melchiktak chanchin (History) tampi tuchan hin ana nei hi. Chun tunung leh bang ahung um die? tih vak gel khawm hi tiu.

I. Ganggam Tuma (Yesterday):- Gangte te hih sakhuo ngaihsak leh pathien sulungkim mahmah nam lientak ana hui, tih ahet theih na chuh " meltheihlohte'n zaila pha a nei chawih uleh, khanno guol haw nadam kum khuo'u sawt hen" tin a pathien ngei un ana vangsak hi.-(**Tuol hung suok uo nuoi zinmang - Gul lam la*)

Vangsak ahung hih phet un ahung tam un, ahat un, aching un, amel u le ahoihi mahmah hi, amelhoih

ziekun thitha nungak te hawnle ana deihcha hiel ui.-
 (*Gangte pasalpha bu- By Pu ST Khaizalam OK pa)
 (*Amel hoih ziek un thitha nungak ten “niksan
 thuohthum cheng heng la tuoi aw Gangte pau lieu
 lieu thawh thei leng ka nuom hi” ana tiu). Zie hun
 lai hin Ganggam chuh duhthusam ting gamnuom leh
 hoih, minthang, kitaihsiek na chi chuom chuom, Buh
 thoh(Rice) Gal-lu-lak, Vompil Ngalchang, Sai leh sa
 chi chuom chuom thah haw ale kuomah awtcha lo
 gam ana hi ding ahiu. (*Sailien e, Phungtier buhen
 akip ten e -Pu Ngullien hanla)

Ahin vangsakna achan uchuh chapo pihin
 vangsak na pietu a pathien uh (Gulpi or Uphawk)
 chule ahun he ngilh tau, ziephet chun a pathien un
 a lungthim uh ahun chawh buoi a; **Meizap bang,**
Chakpido bang leh **Heicha tawh mawl** guot haw,
 khawh saklohna hun nei in, mi tampi'n athih loh ui.
 (*Mi bawl khak loh bawl- by Pu Vanlalpak K
 Gangte).

Zie apat chun mitam te chu mitawmcha
 ahung hitau hi, ahin gawtna huosie taktak tuok
 mahleu mihangsan leh mitakkhan nam ahih nau
 abei diek puoi. Zieziek chun Pu JK Gangte chun, a
 hansen nau chuh Himalaya tang kalte leh hinna
 chaan'a (lost) dogal lien tawngten le agal muh pha
 puou Gangte'pa han dan ana ti (* Namtin lel din tui
 bang ting.... Zeh bang kazum puoi Gangte kahih by
 – Pu JK Gangte). Pu Lamsawng Gangte chun, Gangte
 te meizap hih hiti hin agen hi - Khawvel a thil mak
 nih ana um chuh Israel chate tuipisan kan leh Gangte
 te Meizap hih ahi anati.

Ganggam a thilmak mah mah anatung
 khenkhat chuh **Thimpi zing** leh **Aksi nel kiek** hile ahi.

Tichun Gangte te chuh haksatna chi chuom
 chuom haw ziek leh Pawi Gal leh Sailo lal Gal haw
 ziek chun, Laitui, Anpak leh Mizoram haw ah ahung
 kitheh thang ui. (* Kiangte, Chhaksuak, Rangte,
 Chhum-leuh, Tochawng etc tehaw hih Gangte
 kithehzak te ahiu).

1912 vel apat Ganggam mun khenkhat
 achun setan dona nasatak ahung kipan a, Pathien
 sepaih hangsan tawmcha te chun setan ahun sawisa
 pan ui. Pu Kawpsawng chun, *Chung leng zuomang
 min ka siel leh setan nuoi zinmang pa'n tawngka
 nau bang asang ana ti. Pu Zawmpau in hiti hin ana
 ho hi - Zuo'u thei pathien, hinna neilo, kanei tin mi
 apui mang zo sek, aneih sun chu Gehen (Lake of Fire)
 ahi ana ti. Khuti tieng hin setan nasepna ana nang
 ui.

II. Ganggam Today:- Gangmite chuh
 haksatna leh gawtna huosie taktak athuok nung
 un, Pathien diktak hun mun, Pathien hing nei nam
 ahung hi tau. (* Khawvel pathien tam mah lele i

*Pau khatmai van ah aum, pientung neilo bul leh
 tawp chuh ahi- by Pu Zawmpau).* Pathien hing
 ahun ho phet un, lobang chulsa Ganggam chuh
 Pathien in malsawm na chi chuomchuom in
 aphungvuk kit hi, tichun Gangmite chuh Pathien
 in mun pawimawh taktak bangle aluoh saksek hi.
 Tuma aki-el na'u hawkha hilo lehkha simlam,
 sumkawlvei nalam vaihawmthiem nalam leh
 politics haw hin kitaihsiekna aum zaw tai.



Zie kitaihsiekna haw achun Pathien in
 achang leh Gangte te chuh mun pawimawh
 taktak bangle aluoh saksek hi, neucha vak en
 leng:-

1. Dr.Tawngngul -Manipur thingtang mite lak a
 Matric pass Masapen in ana pang hi.
2. Mahajon Hemkhai -thingtang mi mahajon min
 puo masapen, ana hi.
3. Dr. Kampu Manipur Government Advisor
 masapen in ana pang hi.
4. Pu Lampum Gangte -Manipur a thingtang
 mite lak ah Social Worker masapen ana hi.
5. Pu Thangzam Gangte-thingtangmi lak a
 Cinema Hall nei masapen ana hi.
6. Pi Lhingzanieng Gangte -thingtangmi
 Padmashree Award mu masapen ana hi.
7. Dr. TS Gangte -Manipur Hill Area dinga Higher
 Education phut masa pen ahi.
8. Mahajon Kampu Gangte,Thingtangmi lak a
 Bulldozer nei masapen ahi.
9. Dr. T.S Gangte hih World Peace Committee at
 Greece (Athens) ah, 2000 kum in India delegate
 in ana pang hi
10. Pu L.Gangte, IAS - MPSC a topper masapen
 ahi.
- 11.Pu LL Muona -thingtanmi lasa laka khawvel
 hetphak masapen ahi.
12. Pi Kim Gangte -Manipur thingtang numei laka
 Member of Parliament (MP) masapen ahi.
13. Pu Loon Gangte, Regional Coordinator South
 East Asian Collaborative Fund, chun UNO
 Secretary General Pu Kofi Annan in 2005 a,

Delhi ahung phak lai in kimai tuoha holim na ana nei ui

14. Pu Loon Gangte chuh UN High Level Meeting on AIDS New York ah Jun 2008 in speech ana piei.

15. Dr. Gin Gangte - Manipur village level a India President sam dawk masapen ahi. (16.10.2006)

Literature lam:- Gangte Literature tawh kisai lehkhahu 12 vel chauh um pan. Gangte Culture tawh kisai bu 13 um. Novel leh (tawt) Jokes bu 14 vel chauh hi. Sakhuo lam tawh kisai bu 32 vel um. Gangte pau a translate kibawl lehkhahu 6 vel chauh hinalai. Gangte pau a newspaper ana um kha himhim – 11 ahi. (* *Gangte Literature by - Pu S Benjamin.*) Lekhahu inei nai puou tih theih ahi. Chun Pastor Vangzadal, Upa Thuohpau lawi hahpan nazal in Pathien hona Labu, la 302 umna chuh kum 1942 in siemdawk ahi. Chuleh Bible New Testament hih 1941 vel apat in Pu Thawngzakam in ana leh hi. (* *Eben-Ezer 1954-1978.- Published in 1978 by ECC*)

Sakhuo lam:- Pastor hi - 47 chauh inei pan ui. Chun, Sakhuo lam a B.Th leh achung lam ana zo hi mi 51 vel I um pan ui. Sakhuo hi zie sang hin kingaihsak zaw thei le maw.

Lehkha lam :- Medical Doctor- 18, Post Graduate- 87, Management – 8, Engineer-18, BA apat anuoi lam hi chuh um dieldiel tan a.

Sepna lam:- UPSC nuoi a mu -19. MPSC nuoi a mu -12, Army officer-8, Police leh Para Military Officer- 10, Bank officer- 15, Department chuom chuom a officer um – 60 leh Air hostess ahin – 10 I um ui. Officer a phuon hilo post chuomchuom a sem vang I um tho tau hi.

Politics lam:- Democracy khawvel ahin, election politics zieng hi chu mi tawmta dingin ahaksat na aum sek hi, mahleh thuoknei taktak, ichinam leh igam haksatna haw laka eina humbit thei ding puihuoitu muonum Pathien in lawi-upa deiham taktak 13 vel eina pie tai.

Bussiness:- Sumkawl veina lampang a I gam min sulangzo hiel a chal-lang Mahajon minvawh chang, mi gun taktak 13 vel i um tau. (* *Gangte who's who- Ganggam.com*)

La leh Music:- Pathien la, Gamngaih la, La lenglong, Zawl la leh adangdang ei phuoksak leh ei saksak thei talented taktak I tam ui. Khenkhat vang in ei umpih ta puou - Pu Zawmpau, Pu Kawpsawng, Pu Mangdal, Pu Sawngkhawkhai, Rev. K.Thuomngell, Pu Nungkhohal, Pu Ginzalal, Pu Lalneu, Pu Zamgen, Khaikhawmang

Sports:- Suong nawh, Suk-khoh, Kichawp(jump), Kitahsiek, Kibuon, Tiengcha khawh, Kivawkpi nawh, Methalkap, Ki kangkap etc haw hi Ganggam achun kielan ina mang ui. Tuhin, Boxing, Cricket, Foot ball, Volley ball, Hockey, Badminton, Table Tennis, haw ahin le state leh National level haw ale imin uh adawh jel hi. Pu Ainiel, Pu Sandem, Pu Tongza, Pu Pauthuom, Dr. Kampu, Pu Jamkhosoi, Pu Letvom, Col. Laljom, Pu Tinal, Pu Hauhpau, Pu Henry tih haw leh adang tampi I um ui.....

Jokes:- Ganggam ahin chiemnuh bawl leh genkhan hih aki uor mahmah hi. Nih-le-thum chut khawmna phawt achun nuikhawm na atam zawi. Tawt thiem a vannuoi thangte ihu a, tawt thiem hih talent dei um mahmah inei u khat ahi. Tuhin chu zietawbang talent nei tampi techun ei muol liem san tau.-Dr Tonggo, Dr Thanghen, Dr Sawitinlam, leh adang adang.....

Zalenna suol pawl:- India gam thasang leh India min in I pu te'u mi 37 chun Khawvel Galpi Khatna (Tui taw Gal) khah ana kap ui. Zienung chun thingtangmite zalenna ding delh in, Pu Demkhosiek, Pu Satkholal, Pu Nekpu leh mi dangdang hawn Mizo National Front ah thih khawh salo in ana pang ui. MNF movement zieh chun Chawngmun ah tangval kuo(9) te chuh lungsietna beikei a kaplup ahiu. Ganggam chate hin gam I lungsiet un thisan leh tha iseng ui tih akilang hi.



Kivakna:- Ganggam a, mite chun agam lei gah chu nekpen a nei in akivak ui. Guohpi nisa nuoi ah, zingpin lo(Field) akuon dawh u a, guohpi nisa nuoi a, kumtunga asepgim gah uh buhphal hawchu kumtawp leh kipak takin ala khawm sek ui. Tutieng hin mipi 60% vel hih zie lo nasep chun iki vak nalai ui a, Ganggam achun nasep ahah bawl un I vavak leh, Nungak Tangval lawmpi kuonte haw **heizam** sapgit puok det-dut haw chuh music hoih mahmah khat tawbang ahi.

Khuochen dan:- Ganggam ahin khuo chuomchuom in aki cheng hi, avantang in tangzawl mun-nuom haw ahin khuo a um a, khuo hawchuh suna ivak gal et(look) leh khuolai a nungakten puon azakdawh uhaw em phengphung in akimu sek hi.

Zie khuo haw chuh ahi, lathiem ten “**zodawn sangthing saheipak hoih**” anatih hiel uchu. Mahleh Ganggam Today a ngaihtuoh khamting khatchu, ziegam hing diei duoi sung a cheng ding leh siktui thieng luong heu heu haw dawnding chu mi atawm hiei hiei in alang hi. Khuo minthang taktak haw chu simbute leh gamsaten aluoh kit vang vang tau. Today a idin mun uh ahi!

Ganggam vangsiet na:- 1960s sung a pieng Gangvawnchawih te haw hi amel uh ahoih diekin, afel diekun, talent ahau chuom ui. Maleh amau haw tongthuom (adventurous) laitak hin, zu-le-sa behlap tudin **No 4** kiti hin Ganggam dung leh vai ahun fang hi, zie khamtheih chun tangval fel chung chuong l neih te haw hun subuoi in, a talent uh mangman loa thanmuol a eina sawlliem sak tampi a um ui. Zieziek chun 1960s hih kei ngaih in chuh **kum vangsie** kati. Ganggam a dinga go mantam, tangval dei hum leh inam hun chawimawi ding a ingaklah mahmah te haw chuh No-4 kham theih ziek chun, Ganggam Today te kahna ahung hui. Zie tobang hi um kit taki hen... Ganggam tunung bek ah.

Lungput:- Ganggam Today a mipi te lungputdan (Mindset) leh utdan vantang chu, tawt bawl, genkhan hoih taktak manga kiho, Na sembek lo a nek muhguot, Nungzuitu pha hih sanga, thu kalh thiem utzawte. Lawi-upate thu zui hihsang a, a nielkalh thiem hih utzawte, a vantanga banglam hileh tuoltেকনা (seriousness) neilo nam l hui in alang hi.

III. Ganggam Tunung (Tomorrow) :- Achunga kigen lungput haw hi l neih ziekun, Ganggam tunung ding hi kazik guot leh kazik thei puoi. Ganggam hi na deihdan bang tak ahih theih na dingin lunggel dik leh hoih neidin kisan. **Adolf Hitler** chun “Nature in thing-le-guo akawia pieng haw hi asiem zang guo puoi, ahung kekthak (sibling) te haw zangtaka akhan na ding uh angaihtuoh zawi” anati. Zieguol hin Ganggam sunga thil kawi ana um haw sukszang guot a, gengen sang hin, thilpha dinga mitin in l gelhaw’u hi phatak in khansak thei leng Ganggam Tomorrow chuh duhthusam ahung himai dem! Ken vang Ganggam Tommorrow chuh kava mukha puoh a, ka ngaihtuoh na’n lah adaih puoh ngal in, bangti ahung hidem. Ganggam chate haw chun Pathien amusit kit ding um, Pathien lau nam ahi ding um, Thudik achieh pih ding um, thu diklo? Miching nam tih a het ahi ding um, mi ngawl nam, Lehkathiem nam tih ahi ding um, mi mawl nam, Mi melhoihte ahi ding um, melhoihlo te? Kipaktak in tawt abawl zawm ding um, Kahe thei

mawngmawng ta puoi! Pu Haokholal Thangjom ngaihdan in, Gangte te’n tuni a l ngaihtuoh uhi nam dangten zing leh ahun ngaihtuoh zel uchun, tawmziek in akhawkna a um puoi. Rev K. Thuomngell chun “Thiemna, chitna, thaihkawi in igam hih hawih puon a, Lal Isu ngabanga alenloh ngal chun”. Lawiupa khenkhat ten hiti hin ana tui.

Zieziekchun aw, **nang in, nangmah ngei in nadeih dan takin Ganggam tomorrow hi kizik mai in. Na zik dan dan hung hi ding ahi.** ■

By- Thangzasiek

* Reference kilak na haw ahi.

- Aw Ganggam, aw kangaih Ganggam ...

By- Pu Paulal Thangjom.

- Gamman Sharon.....

By Pu Ng Saknoong (Nungkhohal).

Gangte vawkpi dawila leh Gangte khawchuk haw apat.

Tuol hung suok uoi nuoi zinmang - Gul lam la

- Gangte pasalpha – By S.T Khaizalam (OK Pa)

- Nik san thuoh thum cheng heng la tuoi aw Gangte pau lieu lieu thawh thei leng - By Thitha nungakte

- Sailien e, Phungtier buhen akip ten ei-

By Pu Ngullien hanla

- Mi bawl khak loh bawl (Ganggam.com) -

By Pu Vanlalpak K Gangte

- Namtin lel din tui bang ting.... Zeh bang kazum puoi Gangte kahih by – Pu JK Gangte

- Kiangte, Chhaksuak, Rangte, Chhum-leuh, Tochawng etc gangte kithehzak te ahiu

Chung leng zuomang min ka siel leh setan nuoi zinmang pa’n ...- By Pu Kawpsawng.

- Khawvel pathien tam mah lele ipau khatmai van ah aum, – By Pu Zawmpau

- Kofi Annan, Secretary General, United Nation Organization, India visit 2005.

- UN High Level Meeting on AIDS New York on Jun 2008

- Gangte Literature (Ganggam.com) by - Pu S Benjamin.

- Gangte who’s who- Ganggam.com.

- Gin Gangte is my friend – Ganggam.com.

- Eben-Ezer 1954-1978.- Published in 1978 by ECC, NEIG.



TAWMNGAIHNA

(Ref. Matt. 7:12; 1Kor 13:4-5; Gal 6:2)

- S Jamminthang Gangte

Khawvela lehkhahu siem minthang pen leh thupipen laka khata kihe chuh pau hihchetna bu “Oxford Dictionary” siemtu te hih ahiu hi. Amau haw hin Oxford Dictionary revise bawl ding ka hui un, nang a pat in bang tuok nuom aum em tin ei hun dawng ta leu, ka dawnna ding chuh – Oxford Dictionary hih ahawih zawk diek na ding leh khawvel mite’n pau hawih tak mai l mat theih na ding un “**Tawmngaihna**” kiti thumal hih kawih beh teitei hitiu tih hih ka thu vai thak na ding khat chuh ahi.

Tawmngaihna l vak gen masang un, a um zie (*amin tak*) tak chuh ti hin vak gen leu hing: A 1na ding ah **Lungsietna**, a2 na ding ah **Lungsietna**, chun a3 na ding ah **Lungsietna**... ahi mai hi. Lungsietna l vak tih lawh ziekna pen chuh mi kuo ahim khat chuh panpih angaih a ahih chun ami a et ziek hi loin, tunung leh ei hung panpih thuk thei dem tih ziek le hi diek loin, **panpih angaih zieka panpihna ahih ziek ahi**. Zie ban achun, vak gen sau deuh nalai leu hing, “*thil bang akai min na chung u ah hih dinga na deih ding uchuh mi chung a le hih un*” (Matt.7:12). Mahni a ding maia hing leh angmasiel tak maia hin hih tawmngaihna hin aki ngeihpih loh lawi chuh ana hii.

Tawmngaihna diktak hih l puok dawkdang chun, eimah ki lungsiet phawt angai hi. Mahni le ki lungsiet ngap lo a mi dang lungsietna nei taka va panpih ahim chuh ahung hisel lo pai zieng sek hi. Eimah

ngei phataka l hung ki lungsiet chun midangte lungsietna suklat chuh thil nuom tak ahung hi sek hi. Zieziekchun, hisel tak maia tawmngaihna l puok dawkdang theihna ding u chuh eimah phataka ki lungsietna ban ah anuoi a haw hih het apawimawh mahmah hi.

Tawmngaihna diktak chuh:

1. Amah a ding mai angaihtuoh puoi.
2. A nuok vak puoi.
3. A mithip puoi.
4. Zai adawh thei hi.
5. Khenchuom anei puoi (*alien aneu, ahau avai, aching amawl kibang in a en vek hi*)
6. A ki pakcha ngei puoi.
7. A thuok hat hi.
8. Panpih ding a hawl sek hi.
9. Na sep ding aki lepsan sek puoi.
10. Thuawihna leh thutakna a ki vawppih zing hi.

(*Zie achung a ki gen cheng hih LUNSIET na’n akan khawm suok hi*).

Tawmngaihna ding lampi chuomchuom ana ensuk hitiu:

1.Panpih ngaite panpih: Panpih ngaite panpih kiti hih thumal ahawih zieka kisiem kawm ahi puoi. Zie hih ataka l Lalpa Isu Krista ngei in ana puokdawkdang ana hi tai. Zie thu hih l gen zing lai un, khawvel a mihingte cheng hih panpihna ma mawh lo khat cha le kium ding in ginchak aum puoi. Kei hih sum leh pai ka hau tan, ka ching ka thiem tan, panpihna ka mamawh puoi ti a “**Slogan**” sam ngam zieng um ding in taksan aum puoi. Khutichuh ahih tak chun, Sawlchak Paul in “*Na puok gik hawu ki dawn tuoh un*” ti

a Galati 6:2 na a agen khuh het ngilh loh ding in thil pha ahi na mai zen e. Bang tin tawmngaihna ka sulang thei die tin I ki ngaih tuoh mai thei a, ti hin I theih kham kham I sulang zing thei ui.

A). **Thih leh manna munah:** Mi kuo ahim khat chuh athih hun ahung tit a ahinkhuo a hung beih tieng leh I hih theih sunsun u chuh lusu'nte va su'n pih haw hih ahi. Nu leh pate a dingin, mithite Insung mite va chutpih leh va kahpih haw hih I thaneih dan tawh kituok ahi a, chun khanglaite a ding in lasak lenkhawm (*mithi za'n chutpih*) leh thankhuk laih haw hih ahi zel hi. "*Kipakte chuh kipahpih unla, kapte chuh kahpih un*" (Rom.12:15). Mi a panpih theih huna le panpih guo sam lo te haw khun, panpihna angaih tieng uleh mi atawm amu thei ten ua, chun thasietna ding ahau ten sek ui.

B). **Vangsietna munah:** Vangsietna I tih hin thihna leh manna haw le ahuop tho hi. Ahinla kei ngaihtuohna achun achuom ah ka vak gen khen guot zawk ahi. Vangsietna kiti hi chuh Bible pau ah aki mu puoa, zie hih mihing pau ahi zawi. Mi kuo ahim khat chuh mihingte ngaihtuohna leh deih loh dan a thil ahung tun tieng leh VANGSIE I ti sek ui. Khutichuh ahihtak chun, ahampaha nalaite nasep ding chuh avangsiete va panpih haw hih ahi zel hi. Vangsie kiti haw chuh vak etsak theih dan achun, a In alo huihpina mut siet, accident chuom chuom tuok, anasepna a lawhting zo lo, gucha-suommangten a suomuh adg dg haw hih ahi. Zie thil deihum lo haw chuh mi kuo ahim khat chung a ahung tun khak chun I theih khamkham (*sum leh pai, tha leh zung*) a kidiem lo hiela va panpih zel ding ahi. "*thil bang akai min na chung u ah hih dinga na deih ding uchuh mi chung a le hih un*" (Matt.7:12).

2. **Nasepna munah:** Nasepna ahin tawmngaihna akiah kum angai mahmah ahi. I nasepna chuh neu

henla lien talele tawmngai tak leh gun chuh taka sep ding ahi. Sappau achun, "Work is Worship" ti'n aki zik hiel hi. Nasep I tih tieng leh a sem taktak leh asem mai mai a um kit hi. Pathien in Adam leh Eve apukman le na ana sep sak tai (*Eden huon ngak in amang hi*). Chun, Adam leh Evi ahung puk nung un, Pathien in kha-sa-ul pawta sema nek mu ding in mihingte kam ana thah khum tai. Zieziekchun asem lo chun ngawl hen le Ana ti zawm zel hi. Zie I gen zing lai u hin, mi khen khat chuh, thabeih ngak mai mai, kumtun ngak mai mai le aum zel hi. Nasepna nei ahim? a hi puom? kuomah chan ahet dawkh loh le aum tho zel hi. Tawmngai taka sep leh bawl ahih I kat mah mah ding uh deih aum hi. "*Nasem chun nek ding amuh ding him ahi ngala*" (Matt.10:10). Chun, "*asem lo chun ngawl hen*" (2Thess.3:10).



3. **Thiem zilna munah:** Tawmngaihna kiti hih thildang chauh a mat ding ahi puoa, thiemzilna lam ale mat teitei ding a pawimawh ahi. Tawmngaihna hih gunchuhna kiti le ahia, gunchuhna tel lo hiela thiemzil te khun thiemlohna ava zil dawkh thei chauh ui. Upa khat hih mi khatin, na chaten lehkha asim u tia adawt leh upa pa chun, lehkha chuh asim puoa a, Skul chuh ava kai sek ui tin adawng hi atiu hi. Zie tawbang hih I lakah tamtak um dingin taksan aum hi. Chun, thiemzil/lehkhasim hia a thiemzil/lehkhasim pen he lote chuh BAT nei tawbang ahi zel ui. Mi athil hihna a tawmngai zolo kiti chuh mi thadah tihna ahi zel hi. Bible in "*Mithadah chun ahun tak in lo kai puon tin, buh at hun leh*

bangmah nei puona”(Prov.20:4) tin ei sinsak ui. Zie thuhih “LO” agenna chauh hilo in, tulai paua gen ding hileh “EDUCATION” agenna le ahi tho hi.

Thutawpna:

Tawmngaihna kiti thupi hih thupi lientak ahih ziekin azikpa hinle azik kim zo puoi tih ana hetpih chiet hitiu. Zie chuh ana hi zing mahleh I zik dawksunsun uh hih mi khat leh nih bek in Tawmngaihna hih bang ahim tih neukhat bek I hun het dawksun theih khak uleh tih hih duhthusam ahi. Atawpna lam tak himah leh a pawimawh pen chuh **tawmngaihna kiti hih lungsietna ahi** a, Kristien hinkhuo tawh kituok leh Kristiente tha leh zung khat a pang ahi tih hih het ngilh loh hiel ding ahi.

Simtute cheng Lalpa Pathienin Tawmngaihna nei thei chiet dingin ei vangsak chiet ta hen. ■

(The writer of this article is a Secular Graduate in Arts and Master of Theology in Mission. At present he is working as a Missionary and at the same time as a Project Manager at Rajghat Child Development Centre, Tripura).



**If you want to lift yourself up,
lift up someone else**

TULAI THUTHANG NUMEI AW! NUMEI

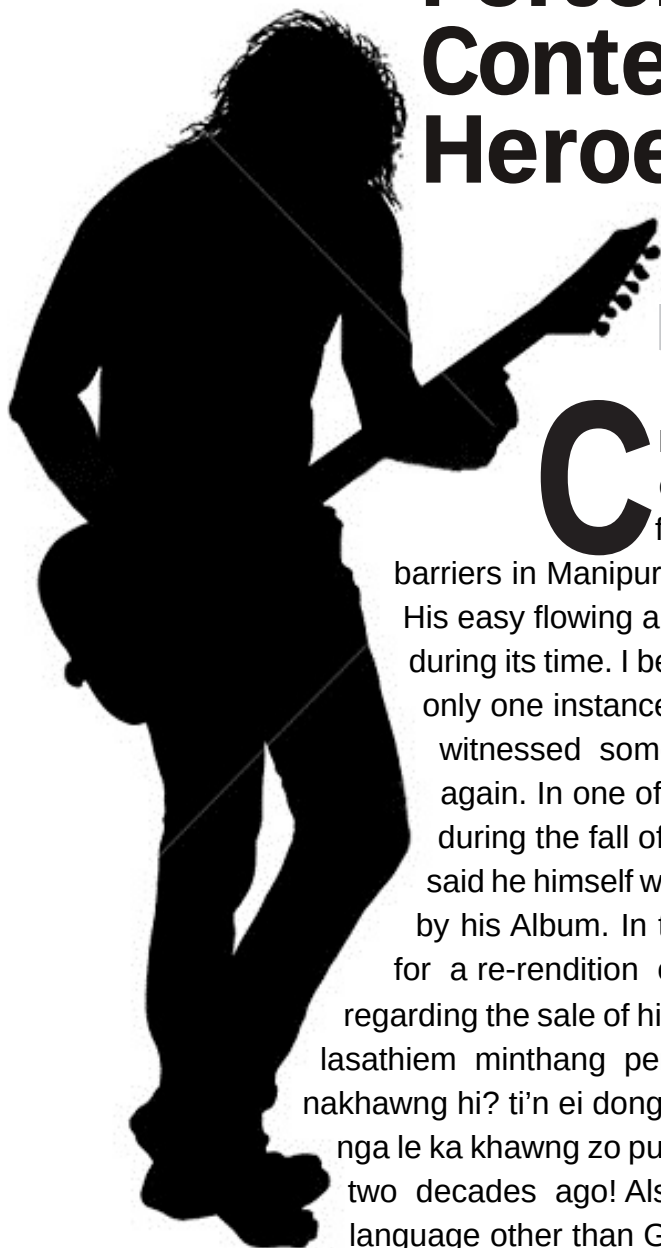
- ☑☑ Numei mai vun pa sit set pil le a pil nuom hi.
- ☑☑ Numei tangai sing veuh vauha pawl nawp nuom hi.
- ☑☑ Numei khabe zum pit peta niel hak nuom hi.
- ☑☑ Numei mit leng deuh aa lungthim ahat nuom hi.
- ☑☑ Numei tan lien deuhlam chieh a hat lo nuom hi.
- ☑☑ Numei mel hoih...a tuoi vak nuom in, lasak le a thiem nuom hi.
- ☑☑ Numei chal chawm deuhahah kat nuom hi.
- ☑☑ Numei sam san deuh angaihsam nuom hi.
- ☑☑ Numei maivun sah deuh ihmut a duh nuom hi.

- ☑☑ Numei anglie taluo achate a gawng nuom hi.
- ☑☑ Numei ngalkom deuha fel nuom hi.
- ☑☑ Numei khup tuoh deuha chan chum nuom hi.
- ☑☑ Numei maibem deuhachalak nuom hi.
- ☑☑ Numei nak sang deuh thil ahe nuom hi.
- ☑☑ Numei thitha melchik hau deuh a vangsie nuom hi.
- ☑☑ Numei mi et hat kil kelthil gensawn a hat nuom hi.
- ☑☑ Numei ha phu viek vuok ...a kamthiem nuom hi.
- ☑☑ Numei tukcha mawng val kawin giungeu mi phul a hat nuom hi.

- source Belhbu

Personal Contemporary Heroes

- H.Lienza Gangte



C. Lienzapau

Call him the Johnny Cash, Garth Brooks or Kenny Rogers of Gangte Music, one could not be more right. Probably the first tribal Singer to break all musical barriers in Manipur, cutting across tribes and languages. His easy flowing and crooning vocal appealed to all ages during its time. I believe Chungmuvaanlai was probably the only one instance when Churachandpur experienced or witnessed something of a HIT musically. And never again. In one of his humble confessions to yours truly during the fall of 2008 at K. Phaicham, CKP, the Singer said he himself was shocked at the positive noise created by his Album. In that tete-e-tete pertaining to copyrights for a re-rendition of one of his Hits, he narrated a story regarding the sale of his album. Said he, 'zie hunlaia Zomi lasathiem minthang penpa toh kaki hou uleh, nanga bangzah nakhawng hi? ti'n ei donga, sang nih val katih leh, eh! Keia la za nga le ka khawng zo puo a ti'n ei dawng kit hi.' That was almost two decades ago! Also, that he'd to cut another Album in language other than Gangte spoke volumes of his appeal.

His enthu regarding songs was not dampened in the slightest by the fact that he's just got back to earth! He's recovering from COMA he suffered for a couple of weeks due to TB complications. Taking break between sentences to catch the next breathe, our talking points ranges from Medical competency of Mizoram health department to upcoming Gangte Artists to his son about to follow his footsteps. In that dimly lit room, we (I was with my other half at the Spongs/, SL) exchanged notes on the nuances of making music, composing, recording and limitations of Gangte music due to sheer lack of market.



The academic excellence of his songs in terms of language usage (LA pau) has not been matched till today. Impeccable and incisive in expressing distress and forlornness, his songs are rich source for Gangtepau. Anyone who's heard Ka Itna A Lien or Ngilhtheihloh Ngilh Dinga will say Amen to that.



Nungkholal

I would like to remember him as the bard who's introduced the usage of common, layman, daily expressions into Gangte song writing. For those who are into composing, song writing in Gangte is a cumbersome ordeal. What with all those rather ceremonial expressions we called La pau. Look at our Hymns and love songs, replete with such syntax(es). Nungkholal @Ng Shaq, mercurial as he was, introduced the colloquial way of song writing.

Most visible from the gems he composed in his last days with Zionchate. Even a pre-teen could comprehend the message in his songs.

Another stand out of his works is his hummable and catchy tunes, contagious with positivity. Bluesy rock n roll feel being his underlying theme, his works are still popular with the old and young. I remember rehearsing one of his songs 'A Lingin A Dim' with him for KHANGLAI '97 as a wide eyed music freak teen. The lyrics struck me in all ways, then. Honestly, he fall a little sort of being my hero who reminded me of Mark Knoffler. A lot. Once, I witnessed him and his buddy, the Late Lalneo, writing as well as rehearsing a new song created only two hours before its performance. That was his ingenuity!

He instilled liveliness in Gangte Gospel song writing which was till then the bastion of some unknown devoted songster. His tangible intent of spreading the message through each of his songs and their performance was notable. He added the spices to song writing in having compositions like Calvary Beauty Parlour without weaning away its intended message. Beauty Parlour is one concept we do not need further elaborate. A mercurial trendsetter while he lasted. Too sad, all good guys die young.

Kailalmang

He always reminded me of Brian May, author of many deep and searching melodies besides being a seasoned performer. I vividly remember him as this not-so-BIG guy who ran around school with a Mini keyboard, never stumbling upon chords while performing "Stumblin' in" by the Smokies. Schoolmate, recording studio-mate and composing-mate, MP (that's his Moniker) is no less abundant in talent. I can call to mind polishing a groovy love song with him in the midst of a Singspiration at the condolence gathering of a



distant aunt. It's another story that that very ballad was my homage to someone special who's going to be my better half in all likeliness. MP and his flagship The Mystic Ministry breathed new lease of life into the erstwhile nonexistent Gangte Rock. Kudos to them! Powered by Lawman no nonsense potent vocals and Thanglienlal's (RIP) all-over-the-board guitars, the MM were indeed a Mystery revealed.

Who have not heard of THIMTHU? My most prized moment with MP, however, would be that session at Ruolngul's, recording KIMKHOKHAK. Taping that Jack Black-ish junk, I was laughing my behind off throughout the session even as MP topped it up with the backing vocals in all pastor-like seriousness.

Cut out in the mould of Ng Shaq, MP also pretty much subscribes to the Now era in terms of composition. A La pau here and there but mostly heart rendering colloquial lyrics. The underground Single Vangkhunuom, an ode to the best place to live in on earth Chienkonpang, he's co-write with Lawman and Dinglien, is one of my favourites. It's to our misfortune that the MM somehow could not come up again with another studio effort. MP, as an artist, can easily conform to the contemporary trends, say, marketable and hummable. It showed in all his works post the MM Album. His flaw, if one may say, is his music videos- too Bollywoody. What about a kichhdi of all the Singles and new materials and poof! another MM offering. ■

SAKMINTHANG AW "FACEBOOK"

Facebook kiti "Social Networking Site" minthang tak hih 2004 kum a khan Harvard University a simlai Mark Zuckerberg leh a lehkha sim khawm pih Eduardo Saverin, Andrew McCollum, Dustin Moskovitz leh Chris Hughes in ana siemdawk uh ahi. A kisiem tung in amin hih "FACEMASH" tih ana hi a, February 4, 2004 ni hin a siem tupan Facemash hih "FACEBOOK" tin a hun sang tai, zie ni a pat chun tuchan hin Facebook tih ana hitai. Facebook mangding zah hih siem hi a, Harvard University sung a simlai haw chauh a ding a siem ana hi mah leh September 26, 2006 ni apat khan khawvel pumpi mat theih in ding in Facebook team in phal na amuh ua pat, mitin a lunglut leh a deih cheng a ding a account neih theih ahung hitai. Tuni tieng in Facebook mang tu hih 900 million val ahitai. Facebook nei tu pa hih khawvel a hausa minthang lak a sim tel ahi tai.



Facebook siem daw pa Profile vak en hitiu.

Name : Mark Elliot Zuckerberg

Pien kum : 14 may 1984 at White Plains, New York.US

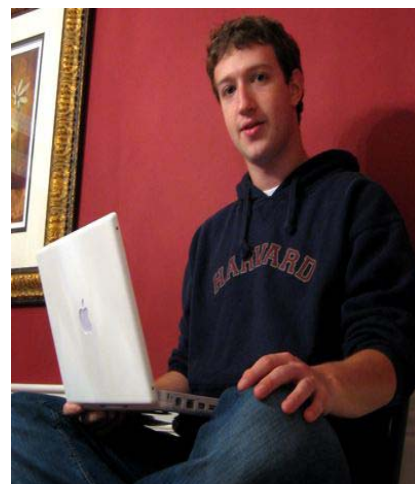
A um na : Palo Alto, California US

A zi nu : Priscilla Chan MD

Facebook man : \$14.7 billion (2012)

Mark hih American Computer Programmer leh Internet Entrepreneur suon um tak ana hi.

Khawvel a Billioner chapang pen ahi.



MUSIC VIDEO ALBUM THAK

May 19, 2012 ni khan Pu PCL Thuoma in buoina leh haksatna tamtak kala mi tawmngai bangzah ahim te kithuohpih nazal in **"CHUNGMUVANLAI"** kiti Music Video Album chu Chiengkawnpang Community Hall ah Pu Langkhanpau Guite, Chairman MDC Churachandpur in hawndawkna ana neitai. Zie Video Album sung ahin La 9(Kuo) tawh Bonus Track 1(Khat) atel hi. Mipi haw apata thu akiheth dan in etnawp asau a, tulai khang ading in ki-at pih aum mah mah hi tih thu tamtak apat het ahi. Chun, zie album hih copyright um ahih hezing kawmin kuoma'n write sawn thawh mai loa, kichawk diel diel dingin iki het sak ui. Zie album deihsalal ten aneitu Pu PCL Thuoma kawmah muhtheih zing ahi..



SL MANGA "CHUN CHOIH SHARON COLLECTION"



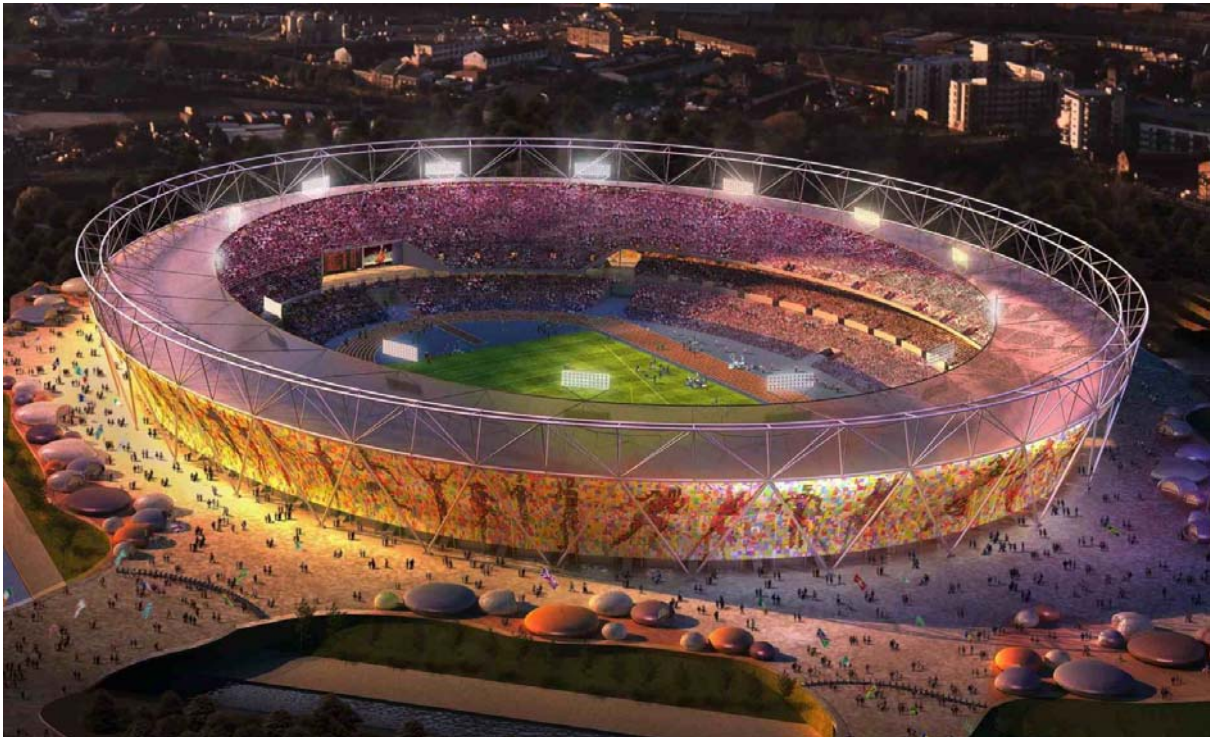
Pu S.L. Manga, Tangnuom in tuma lam peka Audio Cassette ana siem "Chun Choih Sharon" Vol. I leh Vol. II chuh mi tamzaw'n lunghel taka i ngaih theihna dinguh gelna ziekin, CD Audio Album a convert bawl ahin. Zie Album sunga la hawih diekte kilakhawm in "Chun Choih Sharon Collection" tih min vawh ahi. July tarik 5 khan, YMA office, Chiengkawpang ah

Pu Songtinpaui in "Chun Choih Sharon Collection" audio CD album chuh hawndawkna eina neihsak tai.

SUMMER OLYMPIC 2012



Khawvel in a na ngak lah mah mah mai uh Olympic kiti khah tukum in London khawpi a um ding ahi. London khawpi in ana vaitun tawh kitawn in zie Olympic hih 27 July 2012 apat 12 August 2012 kikal a mat hiding ahi.



London hih Khawpi cheng lak a Olympic Games 3 vei a ana vaitun masapen le ahi. A na vaitun kum haw chuh 1908, 1948 leh 2012 kum te ahi. Tuchung a London, United Kingdom khawpi a Olympic kimat guot na ziek pi pen hih Olympic Park thupi tak 200 hectares a lien khat siem daw k ding tup leh dawih ziek ana hi.

Zie SUMMER OLYMPIC 2012 a ding hin India in le nasatak mai in ki sakkhawl na anei hi. Kichiem mite a ding in India Government in dangka 250 crores chung lam kiging zing a kawih thu ,thusuoh mite kawm a hetsak na anei hi. Zie mai chuh hilo in Gamdang Coach a lak te a ding in Dangka 20 crores vel a kawih zing hi .

India mi Ajit Pal Singh chuh Indian Olympic Associations (IOA) in Indian gamkaih a ding in “the Chef de Mission” tin ana minvawh ui. India in tuchung Olympic a ding in Kichiem mi 81 , London khawpi ah a sawl daw k hi. Ei thingtang mi ngei Mangte Chungneijang Kom le India numei lak a amah chauh hih 51 kg Categories Boxing a ding a teltit a um ana hi. Tuchung Olympic a ding a India in kichiem mi 81 a sawl daw k hih India in kichiem mi asawl daw k tam na pen a het ahi ngal hi.



She always seemed like such a nice girl.



An institution for exhibition of traditional tribal artifacts

Zo-gam Tribal MUSEUM

By Dongzakai Gangte, Hill- Town

Japan gal ki chaihning kum 1949 in Santing aki patin Phaigamah kaki pem ua, zehunlai chun Chiengkawnpang akipat Hientgam Lamka, Lamka tawh Thingkangphai, Hospital tawh Rengkai kikal ahin in khatchale umlo ahia, tua ka chennau Hill-Town ahin in nga ka cheng ua, mun dang cheng chu tuilo leh biphul ngen ahi. Zehunlai chun gallaia sepaihte Camp Gangpimuol leh Tuibuong gari sie aum lem lum nalaia, Pearsonmun leh Mission Compound kikal akhun gamkaczawh tieng leh Lenna Machine Gun cartridge hom hawlin ka chieh sek ua, khatah seki a khawt theih ahia, chuleh trench khuk aki laih leh meithal leh Bouynet pouh aki lai dawka.

Bomb lienpi pi puoklo leh bomb neu puoklo hawchuh sepaihten amunah ahal puok ua, akhen chun aki puok sek ui, Tuibuong hausate inmaia le anti-aircraft machine gun khat aum a, zechule sepaihten ahung kilak ui. Tunung tieng leh igam uahin kidopi nihna Battlefield ana

um hi tihna dinga monument khat bek kiki kawihleh tihlai in Mizo National Front Independence movement ahung um ziek khan meithal leh galthuom mawng mawng koihngam ahi puoha, aki paih mang vek hih.

Khawvel khantouhna hi akin mah mah mai a, tumalama Gramophone (Thing kuong pauthei) thathengin Record player ahung uma, ze a kipat chun Tape Record ahung kita, ze a kipat chun VCR ahung uma, VCR aki pat CD/DVD ahung kitheng zut zut zienga. Gramophone, Tape Recorder, Radio, VCR, inchengin kinei, tua hi kuoman neitalo, khawia um ahimle kihe talo. Chuleh pat bawl dan, Pi leh pute thuomthil, ting leh guo a kisiem thuomthil, siemthei leh mantheih umtalo, khangto kisa a hetguole umlo, hetalo hih khantouhna hidieklo ahi.



WORLD WAR II FIGHTER PLANE

Tribal Museum

Thusima kigen Liendote unau, Galngam leh Doikungpu, Benglam tihte chuleh gamsa leh vacha chuom chuom muhtheih ding ki bawl. Thingtangmi inn, inmaia aki pat intawm dawhsawn asunga thuom thil umcheng muh leh het dinga siem leh guong galh ahi.



Ei thingtangmi hawhih, mi lehkhahu koih ahim ahilhohleh mi ina lehkhahu isimnawp zawng imuhleh hungsimkah tie ki chawih zieng piek kik umtalo, chuleh lehkhahu siem copy neitalo te adinga collection kibawla LIBRARY le attached ahi. Tule tun lehkhahu collection um mahleh a function tak tak nai lo ahi. Mahleh Museum muna chawihdawkloa sim theih ahi.

Chuleh eihaw thingtangmite hi literature lam ahin I niem mah mah nalai ua, ei Gangte te vang hih Bible, Labu leh Skul subject tihloh outbook hi 1970 malama muh ding avang khawp mai -



Tribal Musical Instruments (Right)

Wooden Objects & Bamboo Crafts



- hih. Gangte Kristien labu Edition khat na akipat anu nungpen le muhtheih hina. Gangte paua lehkha bu suohten asukna dinga sum kiseng zah mukiklo atom ziekin haksatna tampi ana tuok sek ui.

Lehkhahu umsun leh lehkha bu a suohzolo khutzik Manuscript aum sun sun ki chawm khawma koih ahi. Zete koihphatna dingin ARCHIVE le attached ahi.

Zie cheng hi pawimawh leh khawk ki sak zieka Museum, Library leh Archive ki hawng ahih tih hen thillui leh lehkhahu lui koih nuom na um uchun bangtiklai inle Wel-Come ahi. ■



The symbol or logo of the Tribal Museum is composed of "TUIBUK" crossed by "GOLONG" or "DUMBEL" - the traditional tobacco pipe.

GENERAL INFORMATION

Visiting hour: 9 a.m to 4 p.m
(Sunday Closed)

Entry Fee

Adult : Rs. 10/-

Children : Rs.5/-

* Photography is prohibited.

Address

Thangzam Road, Hill-Town,
Churachandpur, Manipur - 795128
Ph. No: 03874 - 234148

EURO 2012



SPORTS

Spain in guolzawhna la, Italy khetthak a um



World Champion hihna la Spain te hin tuchung EURO Cup – 2012 abul a pat khan guolzawhna la to pek in, Germany in Russia 1972 Euro Cup final a 3-0 a azawhna sang inle tuchung a Spain in Italy azawhna hi nasa zaw a het ahi. Sunday, July 1, 2012 ni khan Spain in Italy 4-0 hiel a zo in, half ma a nih khumin, half nung in nih akhum kit ui. Khawvel a tournament lienpen nih, World Cup leh Euro Cup a guolzawhna la vek masapen in apang ui – Euro Cup 2008 leh 2012, World Cup – 2010. Kum 2006 a kipata knockout stage apat ball khatvei le thahsuok khalo record le ala bawk ui.

Italy in Germany 2-1 a ana zawh zal khan amau chung ahin ginchakna ana lien mahmah a. Himahleh Spain ten kituok tak leh kin taktak a passing abawl uh nang zolo in goal li hiel a thahsuok ui. Spain ten guolzohna alak u hih passing ziek chauh chule eipuo a, ngam taka galdona lung aput ziekunle guol

chungchuonna alau hi. Zie haw ziek mah tak hinle a ente a din mit a tai in, etchim theih ei puoi.

Critics ten “tawp umlo a passing abawl u hih ningkitel a um hi” ana tih u hih tuchung final khan adikloh dan muhdok in a um a. Ningkitel um hihmalak in a thiemzawknau a sulang in etnawp um tak ahih dan aki mui. Khawvel a football team dangte’n le zie strategy hi mangin penalty a vang etzawk mai din match pumpi chu field lailung vel a kichepna’n amang pan tau. Octopus Paul le aziekbei hiel a Spain ngaisang chu ana hilo hiel dan ahi.

Spain leh Spain panpihten zie guolzawhna leh thansuohna hih alawm sau sau un, ei un le akipahnau hi lungthim pumpi leh tih takzet in iki pahpih ui.

Spain mi Andres Iniesta chuh “Player of Euro 2012” piek ahi: Uefa in player 23 Squad of the tournament dinga atel nau achun Andres



Iniesta, Steven Gerrard, Mario Ballotelli leh David Silva te atel ui. Uefa in agenna achun “match bul a pata ana enzui zing mi 11 technical team te hin Andres Iniesta chu Best Player of the tournament dingin a tel ui. Andres Iniesta, kum 28 a upapa hi Barcelona te Midfielder ahi a, tuchung Euro Cup Spanish team te laka mi pawimawh tak hih banah, Holland tawh akichepnau a guolzawhna goal khumtu ana hia, ‘Man of the Match’ le piek ana hi bawh hi.



EURO 2012 sunga thiltung het dinga pha

- Joe Hart England goalkeeper pa hin goal 22 a save dok hi. Team dang sanga sangzaw record a ngah hi.
- Passing dik a et in England te hih Sweden, Ukraine, Denmark, Russia nuoia um in asawmna (10) alau. Netherlands leh Spain asang pen ui.
- Substitute Juan Mata hin alut nung minute 1 leh second 11 chet in goal a khum hi. Substitute goal khum kin pen a het ahi.
- Iker Casillas leh Edwin Van Der Sar in tuchung Euro Cup a card mu ngeilo in ‘athienngpen’ record a ngah ui.
- Spain in Italy goal 4-0 hiea azawh u hih World Cup leh Euro Cup finals a goal margin sangpen record le angah bawh ui.
- Spain te’n Euro Cup 2012 sunga akichep lai un minute khat sungin 692 vei ball pass abawl man ui. World Cup 2010 khan minute khat sung in 588 vei passing abawl man ui.

Fernando Torres in Golden Boot ngah: Final nia goal akhum banah achaihna lam minute 8 sunga goal kithuopihtu a apan ziekin **Golden Boot** piek ahi. Golden Boot kiti hi keng taw sana



a kisiem, kipah man a kimawh piek ei puoh a, tournament sunga goal khum tam penpen te ki pie sek ahi. Tuchung khan chu goal 3 hi asangpen ahi mai ahi. Goal 3 tieng khum atam mahmah ua, amau haw chuh – Mario Gomez (Spain), Mario Balotelli (Italy), Alan Dzagoev (Russia), Mario Mandzukic (Croatia) leh Cristiano Ronaldo (Portugal) te ahui.

UEFA Best Team of the Tournament te lakah Spain Player mi 10 tel: Euro Cup sunga gam chuom chuom a kipat player hawih 23 teldawkna Eufa chun anei seka, zia kiteldawkte hih **Squad of the Tournament / Best Team of tournament** tia minvawh ahiu hi. Zie te lak achun Spain player 10 atel ui. Mi 23 te –

Goalkeepers: Buffon (Italy), Casillas (Spain), Neuer (Germany)

Defenders: Pique (Spain), Centrao (Portugal), Lahm (Germany), Pepe (Portugal), Ramos (Spain), Jordi Alba (Spain)

Midfielders: De Rossi (Italy), Gerrard (England), Xavi (Spain), Iniesta (Spain), Khedira (Germany), Busquets (Spain), Ozil (Germany), Pirlo (Italy), Xabi Alonso (Spain)

Forwards: Balotelli (Italy), Fabregas (Spain), Ronaldo (Portugal), Ibrahimovic (Sweden), Silva (Spain).

Indian football adinga ki-at um: Sunil Chhetri in Sporting Lisbon zawm



Cristiano Ronaldo leh Luis Figo tih haw ana sulartu club minthang mahmah Sporting Lisbon chun India mi football pek thiem a minthang **Sunil Chhetri** chu kumkhat sunga

dingin a chawdok ui. **Sporting Lisbon** hi Portugal a um 'Sporting Clube De Portugal' tia min vawh le ahi.

Chhetri hi chawmchah zawh leh zie liberian gam ahin leng lut intin, Group B te laka tel phot dinga thu het ahi. Zie group B te laka a kichepdan zil in group A (Main Squad) a tel zieng tak ahim ahi puo'm et thakna nei ding ahiu.

Chhetri'n "Rank 163 (Fifa dungzui a Khawvel a India te rank) apata rank 5 na (Portugal) te laka tel theih nading hamphatna ka muh hi chuh ka damsunga ka hetngilh theih takloh ding ahi" ana ti.

Footballer Henry Gangte Kichawn



Manipur thingtangmi laka national leh international level a, football kichiem, Henry Gangte, Hill Town, Churachandpur chuh a kichepna Lajong FC, Shillonga pat Dubai Trading Company "Dodsai FC" ah akichawn hi tih thu het ahi. Zie club hi 2012 - 2013 season ah a khatveina din Indian League Second Division ah kichiem ding ahi. Manipur phaijang mi – Sur Karam leh Tomba Singh le zie club hin a lalut ui.

Henry Gangte hin tha masa a CDSA saina nuoi a 'Open (L) Ngul-Chin-Lian Trophy', Lamka Public Ground, a goal 10 (sawm) akhum ziekin "Golden Boot" piek ahi. Goal (10) sawm lak ahin goal 7 (sagih) hi match khata akhum ahia, tawbang thansuohna hi Churachandpur District a um ngeilo ahih ziekin record a break hi.



Top 10 Best selling mobile:

1. Samsung Galaxy Y 2. Samsung C3303 Champ



3. Samsung Galaxy Ace S5830

4. Sony Ericsson Xperia Neo V



5. Samsung Galaxy Y Duos

6. Micromax X600



7. Lava A10

8. Gfive G3000



9. Samsung Star II Duos C6712

10. Nokia C2-06



HOW TO RECOVER LOST PASSWORDS OF MEMORY CARD?S (MMC, micro SD)

The use of memory cards is increasing day-by-day, flash memory being one of the most crucial. Micro SD Cards are compact space saving memory devices which can create a headache if their password is lost. When the password to a Micro SD Card gets lost, the card is blocked and none of the information inside it can be accessed. How would you recover it?

I. Solution number one:

- Go to file manager on your mobile,
- In the "Settings" option,
- Choose system folders,
- In the "System" folder, there's a file called "MMCSTORE",
- Send that to your PC using IR/Bluetooth,
- Then open it in notepad.
- The password you need for your memory card is in that file

II. Solution number two:

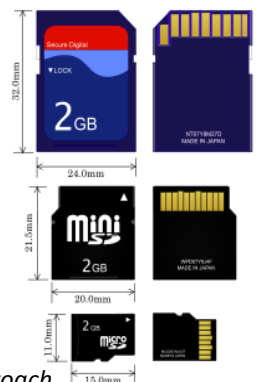
Download and install "Fileexplorer" software.

After installing follow the steps:

1. Open FExplorer and access the c: drive.
2. There u will find a file named 'mmcstore'
3. Rename the file to: 'mmcstore.txt'
4. The file will now open in notepad
5. U will get your password written in the notepad file

For Micro SD :-

Put the card in any E series mobile or N95 etc and format it it will not ask for password



** If both the above solution doesn't help you, you can approach your nearest mobile repairing centre, they will have all the necessary software & hardware. The rate for repairing could range from Rs. 10 – 100 depending on how dumb they think you are.*

All the best!!

Skin & Beauty Care



....Vun hawih le etlawm neih theih na ding in sum le pai tampi seng a Company chuom chuom khutsuok va chawh sang in, a nuoi a kizik haw hih ana patep tie....

BERRIES :

Strawberries , Blueberries leh Blackberries te haw hin ANTIOXIANTS a keng tam ten ziek in, nektam hih Vun a ding a thilpha leh hawih tak ana hi.

THINGKAWLHA :

Thingkawlhale hile vun a ding a pha mah mah khat ana hi a, Vun hung vuoi ding leh vun hung hisel lo ding haw hih a veng mah mah mai hi. Tomato guolbawh a hawih ahi a, nektam hin taksa leh vun a su hawih ten mai hi.

GREEN TEA :

Tui na dawn tam theih loh hiel lele , green tea hih ana dawn tei tei in. Green Tea dawn tam hin vun a suhisel a, Vun natna le tampi a dodal hi. A lum in ahim a vawt in ahim in dawn sek in. Green Tea na dawn ding leh bawngnawi ahim, chini ahim vak thak khel angai puoi. Hel loh in dawn zieng in.



BROCOLLI :

Broccoli hih vun hisel na ding mai hilo in, taksa pumpi hisel na ding in le nektam aphai. Vitamin "A" anei tam a, Vitamin A hin vun siem hawih na cell hun siem dinga a nasatak in na asem hi. BROCOLLI nek tam leh vun chuh hung kisiem thak in in, Vun chuh hung lang thak in tin, midang cheng sang in hung deih um zaw tana a. Vun hawih deih ten BROCOLLI khah nektam di ahimai hi.

GRAPE :

Grape ahin vitamin C a tam a, zieziek chun Vun a ding a thei hawih mah mah khat ana hi. Vun hisel lo, eng lo leh vung hing lo te din GRAPE nektam aphai. A ziek chuh Grape hih Vitamin C content tam aneih ziek in Vun Vuoi te leh englo te a din a pha ten in. Sekthum hile Vitamin C anei tam a, nektam khel a pha a um puoi.

TUI :

Tuidawn tam hih Vun hawih na ding a I bawl ding uh masapen ahi. I taksa ahung hih etlawm leh a hung hawih zing theih na ding in tui dawn tam a pawimawh a, Vun hin tui a mamawh zat a muh loh tieng leh ahung gaw a, a etlawm theih ngei him him puoi. Tui na dawn tam chun na vun hung hisel in tin, hung kisang mah mah in tin , vun dei um tak nei zing ding nahi tai.



TOMATO :

Tomato hin vun hawih na ding in na a sem tam khawp mai a , Nek tam a pawimawh mah mah hi. Tomato ahin vun in a mamawh ANTIOXIDANTS atam a zie hih vun hisel na ding leh a nalh na ding in a hawih mah mah hi. Tomato na nek tam phat chun na vun hawih hung hawih deuh deuh ding tin na ahi.

CARROT :

Carrot hin Vitamin A a nei tam a, Theinah lam ne tam theih talo lo nahih chun, Vitamin nei tam Carrot hih netam in.

Quick n Easy Home Remedies Tips:

Easy Home Remedies for Acne/Pimples

- Always keep your face clean & make sure to clean with light cold water when you came from outside.
- Don't eat spicy food till your acne or pimples cure.



Easy Home Remedies for Acidity

- Take one glass of butter milk before going to bed every night.
- Have one glass of sugar water (add 3 table spoons of sugar to 250 ml of water) for every 6 hours.



Home Remedies for Cold

- Take hot ginger tea twice a daily
- Take 5 litres of water in a large bowl and add 50 grams of turmeric to it and boil it. Keep that boild water bowl on floor and sit a side and cover the blanket on you & hot water and now breathe that hot vapours for 5 mins, it will give instant relief to your nozzles & feels like free from cold. Do it twice a day, it will relieve you from cold.



Home Remedies for Ears



- If you have ear infection, fill 3 to 5 drops of coconut oil in your infected ear and close with cotton before going to bed.
- Clean your ears daily with water while taking bath, which will prevents you from ear ache & infections.

Home Remedies for Eyes



- Always wash your eyes with cold water when you feel your eyes are tired.
- Place cucumber slices on your closed eyes for about 1 hour for eyes care.

Easy Home Remedies for Hair Loss

- Apply Cocunut milk to your hair and wash after some time helps to prevent hair loss.
- Apply egg yolk and massage slowly to hair and wait for an hour and wash it.





Chongboi@my honey
Love and Only Love
Honey,

Months have past, years had evolve since U and I
Know each other. From stranger to Friend, Friend to
Lover, Lover to Present state we have evolved. I glad
I came across in my Lyf.

As wor d will have it: U R da one who shown
me wat true love is and how tear r shed 4 each other.
I m gladful to U.

Hney, ever since U ignore me der is not even a single
day I don't wet my pillows. I Love U as I nee U.

To concluded my l8r let me qote an ananimos
saying "Once I have started I will never go back"

~ Yours n always @Lien Migumpa

Ka Rose @ (Greasy/Neo) Jiribam,

Melmuh loh na kumkhua a sawt tan, na
kawm umzing thei leng ka nuom ngei ie. Ka zing
thawh cheng leh khawvel thildang chengsang in, Na
sakmel hawih thinlai guk a daibang a chamzing, kei
ading a SANA tawbang hih muh zing ka nuom ngei
ie. Ka Damsung cheng in, Ka zingkal nang nahi a,
Ka Nitak le nang nahin, Khawvel thil cheng cheng
nang lo in kei a din pan na bei mai ahi.

~Its Meh@Jui (Assam)

Ka Ngilhlah @HC

Na Vang na ltt tawh nuom in, sihlung tok in
um unlau maw? Ud leh Dah um lo a na khensa
kei hih nang ziek in gimthei tak leh mitthi pum in
hynkho kamang zing hy tih hn gel dawk zing in
aw Bawi !! Pa kawm a hun na ngetsak zing in ka
na vangphat na ding in thasie lo in lamtawn in
hamzangpha'n

~Begin's D M31Z4P

Zatam Etlawm @Jenn, Chennai

Kipak takle Thanuom tak in kahun phone
a, iki ho po a, kahun message a "Damzel maw ?"
Katia. Kuo kahih nei hetnawp ziek in nei hn phone
a, Kisuonglah pumpum in kahun houpah a, hawih
hun s amah mah na hetkhak loh pa khah kahi
katia na that mai dem katih lai in, awm nem hieu
chnan nei hun hopih zawm zel a. Lngthim a
lahthawng na nei pum in kahun ngaih na THIMTHU
kahun lel a, zie tieng chn le ko kahih ei hechien lo
in lunglien tak leh phatak in kakipah nading in nei
hopih zel a. "Nang bek in hawih nei sa a kipah a
um ie" tin nei hun dawng nalai a, kipah thu nahun
gen nalai a, kagel gel le khatvei atak a hn kimuh
pih hn ki houlim pih ka ut ngei ie> Tun chun iki he
gel gel ta a, Lungthim nawplo takin ka lauhpen
chu na Phone No nahng sang dem , I hn phone
cheng leh nmber Bsy tin masang hn le nite abei
mai mai kha dem ??

~A Village Boy @Owvie Gang's

Ngaihnuou lunglai rose,

Bangzieka ei mawk taihsan zieng nahim??
Tuibang i luong khawm takloh ding chuh ka laigil
in a thuok zou puoi aw lunglai rose...

~ forever@Siem Cactus

Daibang a chamzing @kymcee

Samgibang nei khen ni khan aw ! anai tih lo
gen ding kahepuoi, suihlungmawl laigil a dah
na mittui in ei chup zing. Lambang hung kileh
kit mai in, na zun ngaih ka dou zo puoi,
lengthei kei a din ana diek ngei ie. Naubang
hun na chawichim puongka.

~Kei mah Zapper in the Mountain

Aw Choi....Choi....choi , Shillong

Na sakmin hih a sap nawp in ei sukupak ngei
ie. Na kamdam aw nem cha khah kei ding in a
thum namai zen e, lungsiet na thu l sut loh
vang in. Na tawngdam nem san kal ka ngak
lah ngei e !!

~ Its meh Oppa @manipur

Ka it pen Lily,
Na sam a sau nalai hi?

~ mang tarzan



Hands Of Time

- Marty Friedman

Angie

Look what you've done to me
You left me standing here alone
With a memory

And maybe

I was too blind to see
That you were the best thing
That ever happened to me

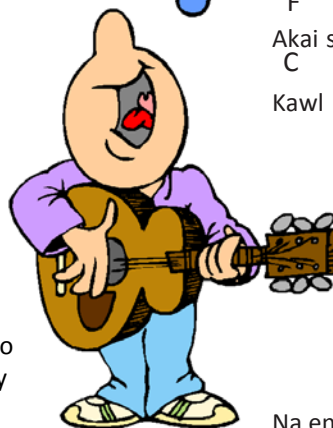
But if loving you means letting go
Then I'll just turn and walk away
Babe, I wish I could

Turn back the hands of time
Somehow change your mind
All I need is one more try
Angie I wish that you were mine s
from
I lie awake
I can't sleep at night
Wondering where you are
And who's holding you

Bright lights
Down on the streets below
Remind me of the fun we had
The places we used to go

But if loving you means letting go
Well I'll just turn and walk away
But I'll never walk away
I wish I could

Turn back the hands of time
Somehow change your mind
If I could just hold you
One more time
I wanna hold you
One more time
Angie I wish that you were mine
I wish that you were mine
- Request by Sangmung Bailong



THANGVAN AKSI

-(L) Lalneu Gangte

Chungthangvan zawla,aksi hungvak tieng
Luonthin kaluong ,lanu ngaih ziek in
Lunglieng vai takin lengguol ka pawl zel
Gen liengthei keimah luonthin
kana luong zing ie
Lanu kangaih bang zo puong ie
Thangvan aksi muol liem
mei tan.....aw
Miphung chang ding lanu
gel na mai
Thangvan aksi zan asawt tai
muolliem mai tan
Keile laidang ah leng tang ie
Ka thaklah lanu nei vaithak na chu,
chungthang van ah
Aksi hung vak tieng,eihun gel dawk zing in
ka hun Lungsiet na,thangvan aksi lungsiet in
muol nei liem san tan
Lanu kangaih ban theih na din.

(Requested by Soilien Gangte)

ZANLALNU - C Lienzapau

C G C
Zantin Lalnu chungsawltha thil tiem u
G C
Suohlam tangtin leh muol chung
F C Am
Akai sang zel thangvan zuonin
C G C
Kawl kim vel zan lalnu hi
F C
Na engmawi hun suon inla
C G
Seino guol na lim nuoia
F G Am
Kingkang gi mawi zailan lemin
C G C
Na eng nuoia ah ka leng ui

Na engmawi nuoia lethei chaten
A damlai ni'u nuomchenin
Seething lim dam dii dei nuoia
Deih thimthu lel chimlo in

Lei leh van mang a leng
Si-al sawm leng
Pali hunsawl inla
Chun-leh-zuo ngai a ki khente
Lungmuonna hun tun in aw

PS: Thumal khenkhat zik khelh aum khak palh
chun, ngaihdam!!



Aquarius : Jan 21-Feb.20

Mihiem hinkhuo hih abukim theipuo, Himahleh nang a ding a, a bukim kiti chuh, tutha sunga hih mang ding nahi. A ziek chuh nasep nalam ah , lawhtina na muh tei tei ding in a um hi. Sum hawl na lam a lawhting in na tin, Ahin a khawk pen khat chuh damtheih na lam ahin ki veng pha deuh in, Nek le dawn a na chit theih lo chun taksa damloh na natuok theih ding din mun ahi. Love lam a vang lungnawp loh na ding a umpuoi. – Lucky day 1,3,



Pisces

Feb.21—March.20

Na star sign nga ahih tawh kitawn in, nga meh nameh nading tamtak aum hi, nga meh nameh chuh, sa meh na meh theihlo manzawh hung hi ding ahi, zie chuh aumloh nadin na damtheihna lam vengphan. Vangsiet um khat chuh, na darling in nanglam ah angaihtuohna ahun pie thei tak tak puoi, sumdin mun a haksatna natuok ziekin. Ahin masang ah vangphatna lientak muding nahi. Lucky Day 9,11.



Aries: March.21-April 20

Nakipak nading thu na ginchak loh lam tak leh na ki nep phak loh lam a pat hun mun la. Mi te in ahun et zui lai ahih ziek in Nungchang leh kampau na ki ven ten ngai ahi. A ziek chuh ahun pakcha a tamvang in na minsiet na ding hawl le a atam ui. Lungsiet na lam a vang na lungsiet in ahun muong zo puoi. Chingthei tak in hinkhuo mang in. – Lucky day 2,5,



Taurus: April.21- May 20,

A na vak suok kei ding in a um tai. Lehkha sim te ding in Khapet a pan nasatak a lak angai tai, Dan le kisik khan la. Love lam ahiehleh hopeless ahitawp mai - Lucky Day 7,9,12



Cancer : June.21-July.20

Gam thip a Chung leng vacha ham ham bang in na darling in ahun ngai in, a lunggil tak tak in ahun sam sam mai tai. Dam sung hinkhuo chawmchah sung in na Lungsiet tawh hinkhawm na, tasam ding in a um hi. Ching theih tak in na hinkhuo mang in. Sum le pai in vang ahun zui zing hi. Dam theih nalam vang lungkham na ding taluo a um puoi.- Lucky day 5,7



Gemini :May 21-June.20

Kipahna kanei puoi na tih khah, hung bei ding in a um tai. Kipah na ding lientak khat tha bei lam leh nahung tuok tei tei ding in na um tai. Sum lam dingmun le a hawih hi. Na dawngma tawh na ki kal ua vang buoi na ding khat a um hi, Nang gin um tak leh zainem tak a na um chun vang bangmah buoi dawp poun a. Simlai chapang hawn vang tu tadih in Lungsiet na lam a BYE BYE ana ti phawt un. – Lucky Day 5,11,17



Leo: July.21- Aug20.

Tutha hin nang ding in kipah na bang mah tik a na neih khak loh , hun tuok ding nahi. Zie chuh na insung mi apat hilo ding ahi. A behlap ding in na Darling in le ahun ngai na mah mah hi. Na kinep phak loh kuo ahim khat a pat lungsiet thimthu hun mu ding nahi. Sum le pai lam vang na gel tawh hungki bang puona. Sum kawl vei mite a ding in chawmchah khawngaih phat hung ngai in a. – Lucky Day 20,23



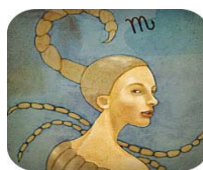
Virgo :Aug.21-Sept20

Music leh La a lunglutna naneih zing chuh tu tha a hih hung gui tung ding ahitai. Na lungsiet tawh na lunglut nau khah, na suk pitit phat uh ahitai. Lauhna bei hiel in lungsiet na thu va lel tan, lawh tit na namasang a aum hi.Himahleh nanga dinga vangsiet um khat chuh, nangmah chitna chauh in hinkhuo namang in vangsietna na tuok thei hi. Ahin sum le pai lam din mun vang haksat na aum sam puoi. – Lucky Day 5,7



l-Oct20

Vengsung vel a mi'n ahun gen phau ui. Ahin nang mah bawl theih na na ki suonpih tak luot chun , minsiet na a hung kileh ding in aki lang hi. Sum le Pai in a hun zui zing in na lungsiet le nang a ding in a pang det zing hi. Na Aksi a vang sing seng in Tutha hih nang a ding in kipah na, lungkim na din a kilang hi. Ahin thabei lam leh, bul lam hun ngai n amah mah ding nahi- Lucky Day 1,3



Scorpio ;Oct.21-Nov.20

Zie tawbang a kipahna kaneikha poi natih nading kumle tha ahung naitai, sumle pai, chuleh minphatna namuhding tamtak aumhi. Na darling in nang in na lungsietna sangin ama'n ahun lungsiet zawi. Khat vei vei muon zawh louhna nahun neihsek chuh nang a, thepna ahi-Lucky Day 21,23.



Sagittarius :Nov 21-Dec.20

Insung kim a umkhawm, kipah umdan Tutha ahin nahun het beh diek ding nahi. Insung mi khela kineppih ding a umpuoi tih hih na lungthim a ki chin tup zing in. Ki lungsiet na lam a chun a chieh hawih zing a mahle, na lungsiet tawh na kal ua buoi na neu chah hung pieng ding in akilang hi. Na thu zak cheng mawk taksan zieng dah photin. – Lucky Day 5,11,



Capricorn: Dec.21. Jan.20.

Khawvela belhding neilo a naki gel nacheng cheng tutha kimvel apat hungkithiel mang paiding eitai,zie ziek chun Pathien nahet nalam ahat louh chun nang ading in gotna le chang zing thei nahi, nangmah a chapona khah na paihlo chun, na darling toh kumsawt chana dinga thimthu na natiem ukhah, athawnmai chang thei ahi, na umdan in kivengphan. Nanga ding in thutak a na um apoimawh mah mah hi. Lucky Day 2,5.



Dukan ah pasal khat in “Chewing-gum chuh bangti’n na zuok u?” tia a dawt leh a zuok te chun “A chaw ten paise ei pieu a, ken chiewing-gum ka pie sek hi.” atih leh dik a sa mah mah zieng hi...hahahaha....

Nungak khat in puonak-kilh man ding anu te kienga seki (25 paise) anget leh apie nuom puou-a ; a zinga nungak -nuchu nau-dawn dinga a sawl uleh “Na sekiu chu dawn sak u”, ti’n a dawng hi atiu ie....hahahahaha...

Pasal khat in nungak a hel nu kawm a chun “ I LOVE U” atih le a nungak hel nu chun le maksa deuh in “Bang a ti a e ?” tin a hun dawng mai hi atiu chu....hahaha....aki hetthiem mawh tuok u ie...hahaha...

Mobile hih Tamenglong gam a aminthang mah mah chuh hiding ahi a, Nausen pieng tha phawt chuh a min ding un – Airpongtel, Aircelongmei, Samsungmila, Hutchin leh Reliancepui tin a min vawh tamai ui. Hahaha.....

Football Team A leh B a kichiem ua, Team A ten Goal khat ahun khum u leh Team B Player ten le a goalkeeper pau kawm a Ball hung kilik pheih chuh na na man puoh die atih u leh , Goal ngakpa le kisuonglah lo hiel in mi 10 in na chanzawh loh u chuh kei chauh in bang ti ka chan zo die ahun ti ta mai hi.....haha...haha...

Pasal :Zawl, kum bangzat na hi ngut ta die aw ?

Zawlpa : Kum sawmthum leh kum nga (35)

Pasal: Khawilak kum sawmthum leh kum nga hinai sam puonla ie

Zawlpa: Tidah ta, Village Authority ten ei hahbawl ta loo dah vang leu kum sawmli (40) bek kahita puoh die.

Nu: Boipu thang nitaka kuo eh nakoma hung giek?

Chapa: ka loipa ei..

Nu: na loipa chuh call inla a BRA hung kilak heh ana titang.. :)))

Teacher : 5-5 bangzah ahi?

Student : Kahepuoi.

Teacher : Zie chu le helo ? Puri nga (5) na nei a, Puri nga (5) chuh mi khat in hun lak sak leh bang zah na nei nalai die ?

Student : Sabji chauh . hahaha....

Lawichan nih hin Car khat sung Bomb a kam ua, Khat pa chun I Bomb kam pet in hung puokzak leh bang iti ta die ?

Alawipan : Lungkham hiel kin, Bomb dang khat ka nei tho tho nalai hi.. . hahaha...

Thingtang pasal khat Hosptal a um Dr ten dam dawk talo dia ahun pawtsak u leh gari alau a, akhaw lam uh a hun zawtnau ah agari uh xcdent in adamlo puok pau chuh thilo in, adang cheng chuh athi vek hi atiu chuh.....O

Khampu : Lalpa Isu hungkitna ding anai tai atih nau a sawt tak tawh a hung kitta mawh e.

Mangboi: Bang, hung kit tak tak puona ie !

Khampu: Bang tidan a e, ahung kit loh ding ?

Mangboi: E, a hung masak tuma a sawisak nau khah zawng sak din ka ging cha puoa, ka tih hi ie.

Saichang khawphatlaia Lenna Brake hatpen chuh alen dawkinguon a hih, Lenna field a mawnglam ahin bawng ana um a, Pilot pa'n le a brake amat leh hattaluo'n, a lenna chuh hungki leh lip intin asunga chute chuh a pawlam a um vek mai ahiu atiu chuh.

Saichang khawphatlaia Nekkuk hatpen pa chun a chate nawichep ding cheng zan kal leh ana chep zo sek hi.

Saichang khawphatlaia Nungak try hakpen nu chuh tangval khat in cha sawm a neihpih nung inle mi'n a daihkhawm uleh ‘Haksa deuh in a’ ati nalai hi.

Saichang khawphatlaia Sapchuom a chairman hih utpen pa chun khuol a zin lele chair a kipuok zieng sek hi.

